

Mora A. Reinka, M.S.

University of Connecticut
Department of Psychological Sciences
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EDUCATION

- 2016-Present:** Social Psychology doctoral program, University of Connecticut
Ph.D. expected May 2020
Dissertation: *Food as Both Stress and Salve: Stress Appraisals and Coping Strategies in Response to Palatable Food Cues Among Women with a Spectrum of Weight Concern*
Advisors: Diane M. Quinn, Ph.D. (primary), V. Bede Agocha, Ph.D., Nicole Landi, Ph.D., Dean Cruess, Ph.D.
- 2016-Present:** Quantitative Research Methods Certificate Program, Department of Psychological Sciences, University of Connecticut expected May 2020
Advisor: Stephanie Milan, Ph.D.
- 2016:** Masters of Science in Psychological Sciences, University of Connecticut
Thesis: *Protest and Police Violence, in Black and White: Racial Differences in the Allocation of Attention*
Advisors: Colin Wayne Leach, Ph.D. (primary), Diane M. Quinn, Ph.D., Nicole Landi, Ph.D.
- 2012:** Bachelors of Arts in Psychology, Minor in Spanish, University of Oregon
Thesis: *Stereotypes as an Attentional Deficit: Examining the P1 in the IAT*
Advisors: Kristina Hiatt Racer, Ph.D., & Jennifer H. Pfeifer, Ph.D.

TEACHING INTERESTS

Introductory psychology; research methods; health psychology; social psychology; stigma; social cognition; social psychology in media

RESEARCH INTERESTS

Stress and coping processes of stigma; psychophysiology; health psychology

FELLOWSHIPS AND RESEARCH SUPPORT

2019: Christine N. Witzel Award, College of Liberal Arts and Sciences and the Institute for Collaboration on Health, Intervention, and Policy (InCHIP), University of Connecticut | \$2,250

Scholarship in support of innovative research in women's health issues

2018: Doctoral Dissertation Fellowship, University of Connecticut Graduate School | \$2,000

2016-2020: Maurice J. Farber Graduate Fellowship, University of Connecticut | \$65,575

2014-2015: NexGenCT doctoral fellowship, University of Connecticut | \$25,000

AWARDS AND HONORS

2019: Top downloaded article 2017-2018, *Journal of Social Issues*
"Race and reaction: Divergent views of police violence and protest against"
recognized as a top 20 most read paper

2019: Provost's recognition for excellence in teaching, University of Connecticut

2018: Graduate Student Travel Award, Society for Personality and Social Psychology

2012: Phi Beta Kappa, Alpha Chapter of Oregon, University of Oregon

2012: Magna cum laude, University of Oregon

2012: Departmental honors, Department of Psychology, University of Oregon

PUBLICATIONS

Reinka, M.A., Pan-Weisz, B. M., Lawner, E. K., & Quinn, D. M. (2020). [Cumulative consequences of stigma: Possessing multiple concealable stigmatized identities is associated with worse quality of life.](https://doi.org/10.1111/jasp.12656) *Journal of Applied Social Psychology*.
<https://doi.org/10.1111/jasp.12656>

Camacho, G., **Reinka, M. A., & Quinn, D. M. (2019).** [Disclosure and concealment of stigmatized identities.](https://doi.org/10.1016/j.copsyc.2019.07.031) *Current Opinion in Psychology*, 31, 28-32.
<https://doi.org/10.1016/j.copsyc.2019.07.031>

Reinka, M. A., & Leach, C. W. (2018). [Racialized images: Tracing appraisals of police](#)

[force and protest](#). *Journal of Personality and Social Psychology*, 115(5), 763-787. doi:10.1037/pspa0000131

Reinka, M. A., & Leach, C. W. (2017). [Race and reaction: Divergent views of police violence and protest against](#). *Journal of Social Issues*, 73(4), 768-788. doi: 10.1111/josi.12247

May, L. M., **Reinka**, M. A., Tipsord, J. M., Felver, J. C., & Berkman, E. T. (2016). [Parenting an early adolescent: A pilot study examining the neural and relationship quality changes of a mindfulness intervention](#). *Mindfulness*, 7(5), 1203-1213. doi: 10.1007/s12671-016-0563-3

In Preparation

† Indicates student collaborator

Reinka, M. A. & Quinn, D. M. (2020). Thinness as property: A critical examination of weight-based discrimination. *Manuscript under review*.

Quinn, D. M., Puhl, R. M., & **Reinka**, M. A. (2020). Weight cycling and depressive symptoms in a national sample. *Manuscript under review*.

Pan-Weisz, B., **Reinka**, M. A., Pan-Weisz, T. M., McClure, K., Quinn, D. M., & Puhl, R. (2020). Psychometric properties of a short-form of the Weight-Based Rejection Sensitivity Scale (W-RS-SF). *Manuscript in preparation*.

Reinka, M. A., Quinn, D. M., & Puhl, R. M. (2020). Examining the relationship between eating behavior, perceptions of willpower, and internalized weight stigma. *Manuscript in preparation*.

Leach, C. W., **Reinka**, M.A., & DeRosa†, E. (2020). Race and differential affect, emotion, and motivation about police violence and Black protest. *Manuscript in preparation*.

MEDIA MENTIONS

February 2019: Character and Context Blog, *Society for Personality and Social Psychology*, “Out of Sight, but Not Mind: Concealable Identity in Society.”

December 2016: Research highlight, *Greater Good Science Center*, University of California Berkeley, “The Top 10 Insights from the ‘Science of a Meaningful Life’ in 2016.”

INVITED TALKS

Reinka, M.A. *Compounding stigmas: Concealable identities, psychological mechanisms, and physical health.* Invited talk. Cross-Disciplinary Graduate Colloquium Evening. University of Connecticut: Storrs, CT. March 27, 2019.

Reinka, M. A. *Food as both stress and salve: Stress and coping processes in women with internalized weight stigma.* Invited talk. Rudd Center for Food Policy and Obesity: Hartford, CT. May 16, 2018.

Leach, C. W., & **Reinka, M. A.** *Police Force / Black Protest: Tracing systems of appraisal, emotion, coping.* Invited talk. Swiss Center for Affective Sciences: Geneva, Switzerland. June 6, 2017.

Leach, C. W., & **Reinka, M. A.** *Race and Reaction: Cognitive appraisals of police violence & Black protest.* 2017 Noraine Jalbert Psychology Lecture. Western Connecticut State University: Danbury, CT. March 30, 2017.

Departmental Talks

Reinka, M. A., Weisz, B. M, Lawner, E. K., & Quinn, D. M. *Accumulating disparity: Socioeconomic resources and anticipated stigma.* Talk given to the Social Psychology Divisional Seminar, University of Connecticut, February 14, 2018.

Reinka, M. A. & Leach, C. W. *Racialized images: Tracing appraisals of police force and protest.* Talk given to members of the Pratto Intergroup Relations Laboratory, University of Connecticut, November 16, 2017.

Reinka, M. A. *Protest and police violence, in Black and White: Racial differences in attention and appraisal.* Talk given to the Social Psychology Divisional Seminar, University of Connecticut, May 4, 2016.

CONFERENCE PRESENTATIONS

Conference Talks

* Indicates shared authorship; ° Indicates position as symposium chair

Reinka°, M. A., Cintron, D., & Quinn, D. M. *Weight stigma online: A sentiment analysis approach.* Talk given as part of a symposium entitled, “Capturing Stigma: Novel Approaches” at the 21st Annual Convention for the Society for Personality and Social Psychology; New Orleans, LA, 2020.

Reinka*, M. & Pound*, L. *Statistical inference in computational social science: A sentiment analysis approach*. Talk given as part of a symposium entitled, “Data Science: Computational Social Science?” at the 33rd New England Statistics Symposium; Hartford, CT, 2019.

Reinka, M. A. & Quinn, D. M. *Too Much on your Plate: Food as a Stressor for Women with Body Image Concerns*. Talk given at the 77th Annual Scientific Meeting of the American Psychosomatic Society; Vancouver, BC, 2019.

Reinka, M. A., Pan-Weisz, B. M., Lawner, E. K., & Quinn, D. M. *Accumulating Disparities: Status, Stigma, and Health*. Talk given as part of a symposium entitled, “Out of Sight, but Not Mind: Concealable Identity in Society” at the 20th Annual Convention for the Society for Personality and Social Psychology; Portland, OR, 2019.

Reinka, M. A. & Leach, C. W. *Attentive but unmoved? The role of race in attention and motivational relevance toward images of police violence and protest against it*. Talk given as part of a symposium entitled, “(Ir)Relevant people: How social class and race shape social cognition” at the 30th Annual Convention of the Association for Psychological Science: San Francisco, CA, 2018

Leach, C. W., & **Reinka**, M. A. *Police violence and Black protest: Attention, relevance, visceral reactions*. Talk given as part of the symposium entitled, “The body politic: Visceral reactions to mistreatment” at the 18th General Meeting of the European Association of Social Psychologists; Granada, Spain, 2017.

Leach, C. W., & **Reinka**, M. A. *To whom do black lives matter? The affective meaning of police violence & protest*. Talk given as part of the symposium entitled, “Endorsing Black Lives Matter: The roles of intra-personal, inter-group, and structural processes” at the 17th Annual Convention of the Society for Personality and Social Psychology; San Diego, CA, 2016

Poster Presentations

† Indicates student collaborator

Reinka, M. A. & Quinn, D. M. *The Emotions of Emotional Eating: Connections between Internalized Weight Stigma and Palatable Food Coping via Emotional Coping Strategies*. Poster presented at the 19th Annual Meeting of the Society for Personality and Social Psychology; Atlanta, GA, 2018.

Reinka, M. A. & Quinn, D. M. *The Pursuit of Pleasure Through Food Gives a Bellyache of Stigma Instead*. Poster presented at Obesity Week, the combined annual meeting of The Obesity Society and the American Society for Metabolic and Bariatric Surgery; Washington, D.C., 2017

Allen, A., Johnson, B. T., **Reinka**, M. A. *Role of racialized police violence in reducing*

Blacks' mental health: #BadgeonBlack crimes. Poster presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine; San Diego, CA, 2017.

Price, D., **Reinka**, M. A., Goche, B., & Kalichman, S. *At home HIV testing: Who is seeking it?* Poster presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine; Washington, D.C., 2016.

Reinka, M. A., Whitehead†, C., & Leach, C. W. *Physiological responses to images of protest and police violence in Black and White.* Poster presented at the 17th Annual Convention of the Society for Personality and Social Psychology; San Diego, CA, 2016.

Giuliano, R., **Reinka**, M., & Skowron, E. *Assessing the relationship between autonomic tone and executive function in at-risk mothers and children.* Poster presented at the Biennial Meeting of the Society for Research in Child Development; Philadelphia, PA, 2015.

Reinka, M. A., Jeffries, R. E., Bray, B. A., Laue, C. S., Giovanetti, A. J., & Racer, K. H. *Externalizing and error-monitoring in boys: The effects of emotional stress.* Poster presented at the 6th Annual Meeting of the Social & Affective Neuroscience Society; San Francisco, CA, 2013.

Racer, K. H., & **Reinka**, M. A. *Multimethod assessment of self-regulation: Relationships between ERP, performance, and questionnaire measures.* Poster presented at the 52nd Annual Society for Psychophysiological Research Conference; New Orleans, LA 2012.

Reinka, M. A., Pfeifer, J. H., & Racer, K. H. *Stereotypes as an attentional deficit: Examining the P1 in the IAT.* Poster presented at the 52nd Annual Society for Psychophysiological Research Conference; New Orleans, LA 2012.

Racer, K. H. & **Reinka**, M. A. *Executive control, attention performance, and depressive symptoms in children and adolescents.* Poster presented at the 25th Annual Meeting for the Society for Research in Psychopathology; Boston, MA, 2011.

Kleffner-Canucci, K., **Reinka**, M., Morris, M., & Racer, K. H. *Exploring the sensitivity of feedback-related negativity to effortful control.* Poster presented at the 50th Annual Meeting for the Society for Psychophysiological Research; Portland, OR, 2010.

TEACHING EXPERIENCE

All teaching experience is at the undergraduate level in the Department of Psychological Sciences at the University of Connecticut, unless otherwise noted. Links are to full teaching evaluations of the course (evaluations are on a 5-point scale).

Instructor of Record

Summer 2019: [Health Psychology](#)

Overall rating of the instruction: 4.0 (med)

Spring 2019: [Social Psychology](#)

Overall rating of the instruction: 5.0 (med)

Fall 2018: [Social Psychology](#)

Overall rating of the instruction: 5.0 (med)

Fall 2017: [General Psychology I](#)

Overall rating of the instruction: 4.0 (med)

Summer 2017: [Social Psychology](#)

Overall rating of the instruction: 4.5 (med)

Lab Instructor or Teaching Assistant

Spring 2020: Two Principals or Research in Psychology Labs—Writing Intensive

Fall 2019: [Principals of Research in Psychology Lab—Writing Intensive](#)

Fall 2019: Health Psychology (Course Assistant)

Fall 2019: Social Psychology (Course Assistant)

Fall 2018: Health Psychology (Course Assistant)

Spring 2018: [Principals of Research in Psychology Lab—Writing Intensive](#)

Spring 2016: [Two General Psychology I Labs](#)

Fall 2015: [Two General Psychology I Labs](#)

2013- 2014: AVID Tutor, 4j School District, Eugene, OR
9th, 10th, and 11th grade math and science subjects

Guest Lectures

Fall 2019: Health Psychology

Title: “Obesity, Eating Disorders, and Weight Stigma”

Fall 2019: Social Psychology

Title: “Validity Concerns in Social Psychological Research”

Spring 2019: Health Psychology

Title: "Obesity, Eating Disorders, and Weight Stigma"

Spring, Fall 2018: Health Psychology

Title: "Obesity, Eating Disorders, and Weight Stigma"

Fall 2017: Introduction to Social Psychology

Title: "Groups, Group Decision Making, and Deindividuation"

Fall 2017: Social Psychology, Springfield College, graduate level

Title: "The Nature and Form of Prejudice, Stereotyping, and Discrimination"

Summer 2017: Health Psychology

Title: "Obesity Stigma: The Consequences of our 'Normative Discontent'"

Spring 2017: Statistical Workshop Leader, Quinn Stigma and Identity Management Lab

T-tests and ANOVAs in SPSS

Spring 2017: Social Psychology

Title: "Research Methods in Social Psychology"

Fall 2013: Guest Instructor, two high school Psychology classes, South Eugene High School, Eugene, OR

Title: "Stereotypes and Prejudice in the Brain"

Spring 2013: Guest Instructor, two high school Psychology classes, South Eugene High School, Eugene, OR

Title: "Personality: Why You Are the Way You Are and Why Everyone Else Is So Weird"

Fall 2012: Guest Instructor, two high school Psychology classes, South Eugene High School, Eugene, OR

Title: "Stereotypes and Prejudice in the Brain"

Spring 2012: Instruction Assistant, Court Appointed Special Advocates (CASA) of Lane County, OR

Title: "The Effect of Stress on Child Development"

ADVISING

My role as a graduate advisor included helping students develop their ideas into testable hypotheses, as well as guiding them through the IRB submission, data collection, and data analysis processes. In addition, I worked with them to help craft, and later edit, drafts of their thesis sections before they were sent to the faculty supervisors.

2018-2019: Angela Kang, undergraduate honors student, B.A. University of Connecticut, May 2019

Thesis: *Attitudes and Experiences with Mental Illness*

Faculty co-supervisor: Diane M. Quinn

2018: Liane Keegans, undergraduate independent thesis project, B.A. University of Connecticut, December 2018

Thesis: *Assessing Body Image and its Perceptions*

Faculty co-supervisor: Diane M. Quinn

2016-2017: Evangelina DeRosa, undergraduate honors student, B.A. University of Connecticut, May 2017

Thesis: *Ignorance is Bliss: Emotions, Politics, and Why Whites Avoid Information About Race*

Faculty co-supervisor: Colin Wayne Leach

2015-2016: Simon Archambault, undergraduate honors student, B.A. University of Connecticut, May 2016

Thesis: *Examining Late Positive Potential as a Stress Response to Police Violence in African American and White Participants*

Faculty co-supervisor: Colin Wayne Leach

2015-2016: Charity Whitehead, undergraduate honors student, B.A. University of Connecticut, May 2016

Thesis: *Benefits of "Black Lives Matter": Images of Protest Reduce Physiological Response to Images of Police Violence*

Faculty co-supervisor: Colin Wayne Leach

PROFESSIONAL AFFILIATIONS

Association for Psychological Science
New England Statistical Society
Social Affective Neuroscience Society
Social Personality & Health Network
Society for Health Psychology (APA Div. 38)
Society for Personality and Social Psychology
Society for the Psychological Study of Social Issues

PROFESSIONAL SKILLS

Quantitative: Multiple Regression, Linear Mixed Effects Modeling, Multilevel Modeling, Structural Equation Modeling

Software: Net Station, E-Prime, Qualtrics, SPSS, R, HLM, STATA

SERVICE

2018-2019: Peer advisor, Society for Personality and Social Psychology Peer Advising program

Ad Hoc Reviewer

Applied Psychology: Health and Wellbeing
European Journal of Social Psychology
Journal of Obesity
Psychology of Violence
Social Justice Research
Social Science & Medicine
Social Science Research

Departmental Service

2017-2020: Website manager, Quinn Stigma and Identity Management Lab, University of Connecticut

2017-2019: Lab coordinator, Quinn Stigma and Identity Management Lab, University of Connecticut

2016-2018: Social Psychology representative, Graduate Student Advisory Committee, Department of Psychological Sciences, University of Connecticut

2016-2018: Graduate student representative to Social Psychology faculty, University of Connecticut

2015-2017: Graduate Coordinator, Undergraduate Psychology Participant Pool, University of Connecticut

REFERENCES

Diane Quinn
Professor of Psychology
University of Connecticut
(860) 486-4936
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Mary Himmelstein
Assistant Professor of Psychology
Kent State University
(330) 672-2166
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University of Connecticut
(860) 486-6796
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D. Betsy McCoach

Professor of Research Methods,
Measurement, and Evaluation
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